

# City Wellbeing Practice

## Patient Participation Group (PPG)

**Minutes** 25.05.2018

At City Wellbeing Practice

**Those attending:**

**Hon Chair:** Althea De Freitas

**Minutes:** Anne Wright

**Attending from Practice:** Dr Sanjeevi, Lucjan Kepa, Jo Angell

**PPG Members:** Please see attendance list

1. Althea welcomed everyone to the meeting. The minutes of the last meeting were agreed, there were no substantial matters arising.
2. **Introduction to practice pharmacist:** Mieten Vaduul, explained his role and responsibilities as a member of the practice team. These included advice on all medications, support and review for those with long-term conditions such as diabetes and high blood pressure, administering flu and other vaccinations and advice on treating minor ailments such as colds, ear ache and eye infections. In conjunction with the GPs, he is able to prescribe medications. The group discussed the management of repeat prescription including the use of one year prescriptions for long term conditions and nominating a pharmacy. Social prescribing is available to help with housing, debts and filling in medical forms.
3. **Gym in the Park:** Suzie Crome updated the group on the local open air gym, one of seven proposed for the Borough. It was felt that it was currently under used. Suzie said that the Parks team was arranging local events in August. Members felt that having a trainer available, sessions for different groups, e.g. Seniors, young mothers etc might also increase participation. Roger suggested

that a link to the relevant part of the LBTH website be placed on the Practice site.

4. **Leisure & Culture Walking:** Anne Wright explained how she had benefited from joining a wellness walking group that she found on the LBTH website. She said she had benefitted both for her health and socially. It was agreed that the information should be included on the website.

5. **Feedback on Current issues from the Practice:**

- Roger Evans is now able to update the website and asked for any suggestions. Mary suggested adding details of walks for severely disabled people too.
- Dr Sanjeevi said that Dr Manoharan returns from maternity leave in June and that Dr Uddin will be staying for some time so there will soon be two male and two female doctors in the practice.
- Two new receptionists have been appointed, Kay and Siddell – who was previously an apprentice here – now a full quota of staff.
- Lucjan said that health in Ramadan leaflets were available at reception.

6. **Open Questions:**

- Dr Sanjeevi said that the move to the new surgery building was still some way away.
- Members felt that it would be very helpful if there were a Podiatry facility in the new surgery building in the light of the LBTH funding cuts.
- Roger Evans asked if the data from feedback forms could be made available and the number of 'hits' on the website. Althea agreed to see if the data were available.
- He advised the group that he had requested information from the Association of Patient Participant Groups that might be useful for the group to join.

Date of Next Meeting: Thursday 27<sup>th</sup> September at 3.30pm

